

	SUN	MON	TUE	WED	THUR	FRI	SAT
500							
600	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
700							
800							
900		GROUP A	GROUP B	GROUP D		PHONE	
1000	PHONE	↓	↓	↓	↓	↓	PHONE
1100	BIG YARD	BIG YARD	BIG YARD	BIG YARD	GROUP F	BIG YARD	BIG YARD
1200		↓	↓	↓	↓	↓	↓
100		SMALL YARD	GROUP C	GROUP E	BIG YARD	GROUP G	
200		↓	↓	↓	↓	↓	↓
300	*SHOWERS	YOGA	SMALL YARD	SMALL YARD	SMALL YARD	SMALL YARD	
400			PHONE			*SHOWERS	
500		PHONE	*SHOWERS				
600	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
700							
800							
900							

GROUP A : Great Courses DVD Lectures (Various Topics Per Cycle)

GROUP B : Open Forum / Discussion Group

GROUP C : Recreational Therapy Group

GROUP D : Film Group [currently] (Subject To Change)

GROUP E : Process Group

GROUP F : Various Certificate Modules / Classes

GROUP G : Mindfulness / Meditation Group